

RNG	STNR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	LAUF1	Rg	RAD	Rg	LAUF2	Rg
1	138	Kiefer	Haimo	Skills 04 Frankf.	TM35	1	01:00:46	00:17:50	6	00:33:41	1	00:09:15	5
2	268	Lange	Patrick	TuS Griesheim	TM20	1	01:01:02	00:16:35	1	00:35:37	5	00:08:50	1
3	214	Hersel	Lienhard	No Limit Sports E.	TM25	1	01:01:52	00:17:16	4	00:35:38	6	00:08:58	3
4	206	Bergmann	Christoph	TriFlow Bad End.	TM35	2	01:01:55	00:17:14	2	00:35:45	9	00:08:56	2
5	275	von Grot	Rudolf	Skills 04 Frankf.	TM30	1	01:03:43	00:17:15	3	00:37:22	19	00:09:06	4
6	155	Leder	Lothar	DSW Darmstadt	TM35	3	01:04:05	00:18:58	11	00:35:42	8	00:09:25	6
7	189	Wodniok	Adrian	Skills 04 Frankf.	TM35	4	01:04:16	00:18:51	9	00:35:50	10	00:09:35	7
8	75	Moschof	Johannes	Skills 04 Frankf.	TM40	1	01:04:20	00:19:03	13	00:35:36	4	00:09:41	8
9	296	Gall	Florian	SportAmed	TM30	2	01:04:30	00:18:29	8	00:36:01	12	00:10:00	11
10	298	Martinelli	Benjamin		TM30	3	01:04:51	00:17:44	5	00:37:00	17	00:10:07	12
11	303	Schätzlein	Torsten	Team Hochheim	TM35	5	01:05:12	00:19:07	14	00:35:41	7	00:10:24	16
12	52	Schmidt	Philipp	SVF Ludwigshafen	TM25	2	01:05:19	00:19:40	18	00:34:55	2	00:10:44	22
13	259	Riegel	Wolfgang	Startnet Team DSW	TM55	1	01:06:31	00:19:41	19	00:36:40	15	00:10:10	14
14	64	Storz	Heinz	TSG Maxdorf	TM50	1	01:06:41	00:20:11	28	00:35:55	11	00:10:35	18
15	38	Glaßner	Tobias	Tauna G. Oberursel	TM30	4	01:06:47	00:19:21	15	00:36:51	16	00:10:35	18
16	178	Krüger	Heiko	BG Gross-Gerau	TM35	6	01:07:07	00:20:44	36	00:35:16	3	00:11:07	34
17	287	Schweiger	Stephan	TCEC Mainz	TM30	5	01:07:49	00:19:43	21	00:37:42	23	00:10:24	16
18	285	Perdok	Christian	Skills 04 Frankf.	TM30	6	01:08:02	00:19:56	25	00:36:36	14	00:11:30	56
19	156	Hille	Arnd	KfW Bankengruppe	TM40	2	01:08:27	00:20:16	29	00:37:31	21	00:10:40	20
20	84	Maier	Mathias	TSV 03 Wolfskehlen	TM40	3	01:08:57	00:19:00	12	00:39:49	54	00:10:08	13
21	143	Schmidt- Wendli	Mario	sisu-training.de	TM30	7	01:09:03	00:20:19	30	00:37:26	20	00:11:18	46
22	45	Kriewald	Martin	LG Bad Sod.Neuenh.	TM25	3	01:09:10	00:19:42	20	00:39:14	44	00:10:14	15
23	263	Jeschke	Josef		TM30	8	01:09:31	00:19:46	22	00:38:52	40	00:10:53	27
24	144	Schulz	Jenny	Skills 04 Frankf.	TW25	1	01:09:33	00:20:45	37	00:38:05	29	00:10:43	21
25	290	Goldbach	Oliver	DSW Darmstadt	TM35	7	01:09:37	00:21:00	43	00:37:44	24	00:10:53	27
26	177	Fleischhauer	Martin	Startnet Team DSW	TM35	8	01:09:49	00:19:33	17	00:39:31	47	00:10:45	23
27	73	Kottwitz	Meik	SC Oberursel	TM40	4	01:10:21	00:21:04	47	00:37:54	26	00:11:23	48
28	191	Hofmann	Rainer	Team Berner.cc	TM35	9	01:10:25	00:20:29	32	00:38:19	36	00:11:37	60
29	186	Zuther	Torsten	TriFlow Bad End.	TM40	5	01:10:32	00:21:10	51	00:38:17	34	00:11:05	33
30	165	Scheid	Oliver	VLG-Eisenbach	TM35	10	01:10:38	00:21:05	49	00:38:29	38	00:11:04	31
30	183	Klein	Martin	Eintr.Frankfurt eV	TM40	6	01:10:38	00:21:24	59	00:38:02	28	00:11:12	37
32	157	Bernd	Uwe	LG Rüsselsheim	TM45	1	01:10:41	00:17:58	7	00:43:00	118	00:09:43	9
33	284	Roß	Michael	SV 1911 Traisa	TM40	7	01:10:42	00:20:25	31	00:39:03	43	00:11:14	39
34	161	Hunte	Marco	TuS Griesheim	TM45	2	01:10:43	00:21:04	47	00:37:35	22	00:12:04	87
35	286	Richardson	Brendan	Space Debris	TM45	3	01:10:47	00:20:53	40	00:38:12	33	00:11:42	64
36	224	Schilke	Ralf	DSW Darmstadt	TM40	8	01:10:49	00:21:19	56	00:38:18	35	00:11:12	37
37	227	Hörr	Andreas	DSW Darmstadt	TM45	4	01:10:54	00:21:23	58	00:38:07	31	00:11:24	50
38	274	Finke	Uwe	Volkspport	TM45	5	01:11:04	00:20:33	34	00:39:17	45	00:11:14	39
39	283	Harwarth	Alexander	TSG Kleinostheim	TM20	2	01:11:16	00:19:54	24	00:40:12	63	00:11:10	36
40	142	Mees	Claus	TSG Maxdorf	TM50	2	01:11:28	00:20:10	27	00:39:49	54	00:11:29	55
41	195	Coenen	Werner	Eintr.Frankfurt eV	TM45	6	01:11:35	00:21:38	61	00:38:06	30	00:11:51	77
42	292	Teusch	Marcus	Mz Radsportverein	TM30	9	01:11:41	00:22:05	75	00:37:54	26	00:11:42	64
43	297	Böhme	Jens	Best-Bike-Parts	TM20	3	01:11:54	00:22:19	79	00:37:15	18	00:12:20	108
44	22	Schiwy	Frank		TM40	9	01:12:01	00:20:59	42	00:38:49	39	00:12:13	102
45	39	Daum	Jürgen	TSV 05 Trebur	TM40	10	01:12:02	00:21:01	44	00:38:57	42	00:12:04	87
46	215	Henkel	Michael	RSV-Seeheim	TM25	4	01:12:05	00:22:52	100	00:36:28	13	00:12:45	129
47	233	Zingel	Nikolas	sportslife-coachin	TM20	4	01:12:10	00:19:51	23	00:41:24	92	00:10:55	29
48	200	Hofmann	Matthias	RV-TTC Fürstengru.	TM40	11	01:12:15	00:22:12	77	00:37:51	25	00:12:12	101
49	134	Margraf	Günter	SSC Hanau-Rodenb.	TM30	10	01:12:24	00:18:52	10	00:43:35	128	00:09:57	10
50	98	Stewart	Kevin	Eintr.Frankfurt eV	TM18	1	01:12:32	00:20:34	35	00:41:13	87	00:10:45	23
51	50	Geissler	Dietbert	TSV 03 Wolfskehlen	TM45	7	01:12:40	00:21:17	55	00:40:06	61	00:11:17	44
52	101	Möller	Thorsten	SC Oberursel	TM40	12	01:12:45	00:20:48	38	00:40:29	67	00:11:28	53
53	106	Reußwig	Bernd	Tria Gondsroth	TM45	8	01:12:48	00:21:42	64	00:39:30	46	00:11:36	59
54	71	Huth	Josef	TriTeam Seligenst.	TM45	9	01:12:53	00:21:46	67	00:39:50	56	00:11:17	44
55	76	Stück	Martina	LC Olym. Wiesbaden	TW40	1	01:13:03	00:21:20	57	00:40:15	65	00:11:28	53
56	58	Michel	Ernst	TCEC Mainz	TM45	10	01:13:05	00:20:51	39	00:41:29	96	00:10:45	23
57	267	Völkel	Torsten	RSV Osthelden	TM35	11	01:13:26	00:21:02	45	00:41:25	94	00:10:59	30
58	255	Hain	Matthias	SKV Mörfelden	TM25	5	01:13:27	00:21:05	49	00:41:06	84	00:11:16	43
59	8	Lipps	Jörg	KCW Raunheim	TM40	13	01:13:28	00:22:00	72	00:39:44	52	00:11:44	67
60	163	Schneewind	Volker	LT-Lorsch	TM50	3	01:13:39	00:22:25	82	00:39:40	50	00:11:34	57
61	97	Stewart	James	Eintr.Frankfurt eV	TM50	4	01:13:51	00:22:32	91	00:40:04	59	00:11:15	41
62	41	Zopp	Matthias		TM35	12	01:13:53	00:21:41	63	00:40:34	69	00:11:38	61
63	265	Braun	Franz-Josef	Vorwärts Orient Mz	TM55	2	01:13:59	00:21:42	64	00:40:42	72	00:11:35	58
64	133	Assmus	Oliver		TM40	14	01:14:01	00:19:29	16	00:43:28	127	00:11:04	31
65	49	Schilke	Dirk	Triathlon Rodgau	TM35	13	01:14:04	00:22:57	103	00:39:52	58	00:11:15	41
66	117	Miltner	Markus	TG Heddesheim	TM40	15	01:14:06	00:20:32	33	00:41:45	106	00:11:49	71
67	253	Ascher	Jan		TM30	11	01:14:08	00:20:55	41	00:41:16	88	00:11:57	80
68	65	Stiebing	Ralf	SF Tria Roßdorf	TM40	16	01:14:09	00:23:17	120	00:38:23	37	00:12:29	115
69	174	Blumenstock	Gert		TM45	11	01:14:15	00:22:20	80	00:39:48	53	00:12:07	92
70	251	Dilcher	Dominik	SV 1911 Traisa	TM40	17	01:14:17	00:21:16	54	00:41:18	89	00:11:43	66

71	149	Severon	Burkhard	LG Mörfelden-W.	TM50	5	01:14:25	00:21:11	52	00:42:06	113	00:11:08	35
72	240	Schouler	Patric	Lauf-News.de	TM40	18	01:14:31	00:21:46	67	00:41:21	91	00:11:24	50
73	80	Jung	Stefan	LC Olym. Wiesbaden	TM40	19	01:14:36	00:22:48	97	00:39:41	51	00:12:07	92
74	279	Purdue	Larry	US Army	TM45	12	01:14:38	00:22:14	78	00:40:39	71	00:11:45	69
75	1	Schappert	Torsten		TM35	14	01:14:41	00:22:32	91	00:40:05	60	00:12:04	87
75	119	Kullmann	Karl-Franz	Velofreunde Großw.	TM30	12	01:14:41	00:23:43	132	00:38:11	32	00:12:47	133
77	196	Lippert	Gerhard	Mz Radsportverein	TM40	20	01:14:43	00:22:34	94	00:40:14	64	00:11:55	79
78	270	Hahn	Thilo	SC Lanzenhain	TM40	21	01:14:44	00:22:26	83	00:40:29	67	00:11:49	71
79	190	Heist	Michael		TM40	22	01:14:46	00:22:28	86	00:40:28	66	00:11:50	74
80	150	Vezer	Tiberio	GSV Darmstadt	TM25	6	01:14:52	00:21:36	60	00:41:57	111	00:11:19	47
81	241	Nestler	Roland	Polar	TM40	23	01:14:53	00:23:20	123	00:38:54	41	00:12:39	124
82	293	Erle	Peter	KSV Reichelsh. Tri	TM40	24	01:14:55	00:22:07	76	00:40:59	80	00:11:49	71
83	137	Holz	Bruno		TM45	13	01:14:57	00:22:33	93	00:40:06	61	00:12:18	106
84	20	Bürky	Markus	MTB-Club Beinhart	TM35	15	01:15:02	00:21:50	69	00:41:28	95	00:11:44	67
85	164	Platen	Axel	SV 1911 Traisa	TM50	6	01:15:11	00:22:21	81	00:40:50	75	00:12:00	82
86	4	Kaus	Wolfgang	TSG Eppstein	TM55	3	01:15:18	00:22:56	102	00:39:50	56	00:12:32	118
87	248	Bobsin	Benjamin		TM18	2	01:15:20	00:21:45	66	00:41:34	102	00:12:01	84
88	36	Fritzinger	Jörg	TV Nauheim	TM40	25	01:15:27	00:22:29	87	00:40:48	73	00:12:10	99
89	208	Graubner	Jochen	Filsing. Pedaltritt	TM40	26	01:15:29	00:22:50	98	00:41:01	81	00:11:38	61
90	256	Leistner	Hans Ralf	SF Tria Roßdorf	TM45	14	01:15:44	00:23:03	108	00:40:50	75	00:11:51	77
91	273	Teubner	Orson	Bad Homburger SC	TM40	27	01:15:53	00:22:31	89	00:41:32	97	00:11:50	74
92	239	Stauder	Torsten		TM25	7	01:16:01	00:23:06	110	00:40:48	73	00:12:07	92
93	93	Wittke	Marius	SVF Ludwigshafen	TM50	7	01:16:24	00:23:03	108	00:40:55	78	00:12:26	113
94	199	Strack	Thilo	TSV-Cappel	TM50	8	01:16:40	00:21:03	46	00:44:14	143	00:11:23	48
95	87	Zeh	Ernst	RV 1899 Hochheim	TM65	1	01:16:43	00:24:18	143	00:39:31	47	00:12:54	139
96	14	Schmitt	Michael	VfL Münster	TM40	28	01:16:47	00:21:52	70	00:43:08	120	00:11:47	70
97	282	Werkmann	Dieter	TSV Wolkehlen	TM50	9	01:16:57	00:20:04	26	00:46:03	166	00:10:50	26
98	25	Schäfer	Martin	MRSV	TM40	29	01:17:06	00:23:08	112	00:41:24	92	00:12:34	119
99	243	Wunderle	Franz	SV 1911 Traisa	TM50	10	01:17:17	00:23:44	134	00:41:02	82	00:12:31	117
100	125	Meidhof	Judith	TSG Kleinostheim	TW30	1	01:17:24	00:23:25	126	00:41:55	109	00:12:04	87
101	304	Meidhof	Christian	TSG Kleinostheim	TM30	13	01:17:25	00:21:13	53	00:44:05	139	00:12:07	92
102	63	Hofmann	Klaus	TuS Griesheim	TM55	4	01:17:30	00:21:59	71	00:44:05	139	00:11:26	52
103	166	Bobsin	Rüdiger		TM45	15	01:17:37	00:23:16	119	00:41:43	105	00:12:38	121
104	278	Bauer	Lutz	RV 03 Bürstadt	TM50	11	01:17:44	00:23:11	114	00:41:47	108	00:12:46	132
105	74	Juston	Frank	Vorwärts Orient Mz	TM40	30	01:17:46	00:23:43	132	00:41:33	99	00:12:30	116
106	235	Sturm	Martina	SC Oberursel	TW40	2	01:17:52	00:23:12	115	00:41:56	110	00:12:44	128
107	10	Gleiß	Alexander	KCRS Sindlingen	TM35	16	01:17:53	00:23:41	129	00:41:18	89	00:12:54	139
108	35	Redante	Detlef		TM40	31	01:17:56	00:24:18	143	00:41:38	104	00:12:00	82
109	151	Göbel	Sebastian		TM25	8	01:17:59	00:21:40	62	00:43:59	136	00:12:20	108
110	228	Ehl	Thomas	TSG Münster	TM40	32	01:18:12	00:24:20	147	00:40:50	75	00:13:02	151
111	120	Etzbach	Britta	LLG Wonnegau	TW25	2	01:18:24	00:23:14	117	00:43:12	122	00:11:58	81
112	250	Piesoldt	Lutz	Pitsche Dabber	TM40	33	01:18:25	00:25:13	170	00:41:06	84	00:12:06	91
113	294	Klier	Heinz	VC Darmstadt	TM55	5	01:18:29	00:25:24	173	00:39:37	49	00:13:28	172
114	226	Waligora	Jule	LG Taunusstein	TW18	1	01:18:31	00:22:04	74	00:44:07	141	00:12:20	108
115	281	Klein	Leander	Chainsuck	TM30	14	01:18:32	00:22:29	87	00:43:55	134	00:12:08	98
116	131	Irmiler	Helmut	KfW-Bankengruppe	TM50	12	01:18:42	00:23:45	135	00:41:36	103	00:13:21	168
117	148	Schnell	Harald	RSV Wiesbaden	TM55	6	01:18:43	00:22:58	105	00:43:43	131	00:12:02	85
118	88	Haensel	Heinrich	TSG Maxdorf	TM55	7	01:18:46	00:23:10	113	00:43:19	124	00:12:17	104
119	141	Stjepovic	Peter	TuS Griesheim	TM40	34	01:18:51	00:22:02	73	00:44:59	151	00:11:50	74
120	158	Klimutta	Oliver	3athlon.org	TM35	17	01:19:01	00:22:51	99	00:43:12	122	00:12:58	147
121	140	Autschbach	Cornelia	TCEC Mainz	TW40	3	01:19:04	00:23:20	123	00:43:27	126	00:12:17	104
122	104	Kesberg	Michael		TM25	9	01:19:10	00:25:25	174	00:40:58	79	00:12:47	133
123	192	Euler	Matthias		TM25	10	01:19:11	00:22:26	83	00:44:17	144	00:12:28	114
124	146	Winters	Mike	TV-Haibach	TM45	16	01:19:27	00:24:35	149	00:40:38	70	00:14:14	192
125	68	Tiersch	Stephan		TM40	35	01:19:29	00:25:05	167	00:41:08	86	00:13:16	162
126	238	Leistner	Ellen	SF Tria Rossdorf	TW40	4	01:19:30	00:23:42	131	00:43:37	130	00:12:11	100
127	94	Ahrendt	Stefan	SC Steinberg	TM50	13	01:19:31	00:24:37	153	00:42:15	114	00:12:39	124
128	95	Ehlig	Michael		TM40	36	01:19:34	00:23:18	121	00:44:09	142	00:12:07	92
129	203	Dorner	Hermann	TuS Griesheim	TM60	1	01:19:46	00:24:54	164	00:41:33	99	00:13:19	166
130	257	Koepke	Rainer		TM45	17	01:19:51	00:23:48	137	00:43:56	135	00:12:07	92
131	122	Wolberg	Hartmut		TM40	37	01:20:02	00:24:37	153	00:42:47	117	00:12:38	121
132	47	Jochem	Silke	TSG Maxdorf	TW25	3	01:20:04	00:24:38	156	00:42:02	112	00:13:24	171
133	258	Glaser	Torsten		TM40	38	01:20:33	00:23:14	117	00:43:46	132	00:13:33	175
134	306	Abdullah	Wagjshauser	Spiridon Frankf.	TM55	8	01:20:46	00:25:28	175	00:41:03	83	00:14:15	193
135	70	Zimmer	Friedbert		TM50	14	01:20:51	00:25:06	168	00:41:45	106	00:14:00	186
136	145	Schwabe	Frank	TSV Oberstdorf	TM35	18	01:20:55	00:24:26	148	00:43:11	121	00:13:18	165
137	301	Schön	Thomas		TM35	19	01:20:58	00:22:37	96	00:45:47	157	00:12:34	119
138	16	Tragbar	Peter	Mombacher TV 1862	TM40	39	01:21:07	00:23:27	127	00:44:46	149	00:12:54	139
139	132	Enkler	Detlev	Passtschoen98	TM45	18	01:21:26	00:25:46	186	00:41:33	99	00:14:07	188
140	34	Möller	Michael		TM25	11	01:21:33	00:23:20	123	00:45:49	159	00:12:24	112
141	180	Schmalz	Pascal		TM40	40	01:21:36	00:23:41	129	00:44:35	147	00:13:20	167
142	170	Kohley-Kilb	Thomas		TM50	15	01:21:38	00:27:23	216	00:41:32	97	00:12:43	127

143	219	Wagner	Roland	Melibokus - Biker	TM40	41	01:21:55	00:24:40	158	00:44:18	145	00:12:57	143
144	167	Hoffmann	Mark		TM18	3	01:21:56	00:23:01	106	00:45:55	161	00:13:00	149
144	291	Lenz	Kai	DAV	TM30	15	01:21:56	00:23:13	116	00:44:00	137	00:14:43	207
146	168	Hoffmann	Mike		TM18	4	01:21:57	00:23:01	106	00:45:58	162	00:12:58	147
146	107	Hassenpflug	Markus		TM35	20	01:21:57	00:23:07	111	00:46:05	167	00:12:45	129
148	299	Pick	Kevin	USAREUR Band	TM30	16	01:22:00	00:23:31	128	00:44:53	150	00:13:36	179
149	127	Wassermann	Claudia	LG Rüsselsheim	TW40	5	01:22:06	00:22:34	94	00:47:30	186	00:12:02	85
150	17	Schumann	Jens		TM35	21	01:22:28	00:24:45	159	00:43:02	119	00:14:41	204
151	288	Fritz	Lothar	TuS Hornau	TM50	16	01:22:35	00:24:14	142	00:45:36	155	00:12:45	129
152	232	Eckhard	Hans-Jörg	Rüsselsheimer SC	TM50	17	01:22:44	00:26:32	198	00:42:37	115	00:13:35	178
153	123	Augustin	Birgit		TW40	6	01:22:47	00:22:54	101	00:48:12	195	00:11:41	63
154	175	Liesenberg	Simone	TV Dorf Erbach	TW35	1	01:22:50	00:25:42	184	00:44:00	137	00:13:08	155
155	37	Bansner	Gerd	TCEC Mainz	TM45	19	01:22:51	00:22:31	89	00:47:12	183	00:13:08	155
156	18	Macholdt	Dieter	SKG Sprendlingen	TM60	2	01:22:55	00:27:20	215	00:42:39	116	00:12:56	142
157	252	Schmidt	Ralf	ASC Marath.Friedb.	TM45	20	01:23:10	00:24:00	138	00:46:13	168	00:12:57	143
158	147	Stahl	Monique	TV-Haibach	TW40	7	01:23:48	00:25:04	166	00:45:47	157	00:12:57	143
159	254	Hartmann	Stefan	KSV Reichelsh. Tri	TM45	21	01:23:51	00:26:27	197	00:43:35	128	00:13:49	184
160	66	Radde	Dirk	EOSC Offenbach	TM40	42	01:23:55	00:25:15	172	00:45:38	156	00:13:02	151
161	92	Wittke	Magdalene	TSG Maxdorf	TW45	1	01:23:56	00:24:08	141	00:47:01	180	00:12:47	133
162	6	Cord to Krax	Rita	Eintr.Frankfurt eV	TW45	2	01:23:58	00:24:19	145	00:47:21	185	00:12:18	106
163	262	Girard	André	Hofheimer SC	TM35	22	01:23:59	00:24:01	139	00:47:10	181	00:12:48	136
164	184	Klein	Beate	Eintracht Frankfur	TW40	8	01:24:00	00:25:54	188	00:45:16	154	00:12:50	138
165	154	Neuroth	Willi	SF Tria Roßdorf	TM45	22	01:24:55	00:24:59	165	00:47:18	184	00:12:38	121
166	185	Schad	Kevin		TM25	12	01:25:13	00:24:38	156	00:47:47	188	00:12:48	136
167	54	Neugebauer	Heiko	LC Olym. Wiesbaden	TM40	43	01:25:16	00:26:42	199	00:45:12	152	00:13:22	169
168	129	Kraus	Hubertus	SG Frankfurt-Nied	TM45	23	01:25:18	00:25:44	185	00:46:37	175	00:12:57	143
169	159	Fehre	Udo	TV Windecken	TM50	18	01:25:31	00:25:35	179	00:46:52	177	00:13:04	154
170	113	Tramberend	Dirk	Volkssportfr.Alt.	TM45	24	01:25:32	00:25:30	177	00:46:16	169	00:13:46	182
171	300	Nix	Lori	US Military	TW35	2	01:25:45	00:26:11	194	00:46:00	165	00:13:34	177
172	11	Lang	Udo	Roter Stern Hofhei	TM45	25	01:25:50	00:25:12	169	00:46:52	177	00:13:46	182
172	15	Kreutzer	Klaus	LC Olym. Wiesbaden	TM50	19	01:25:50	00:26:54	204	00:44:29	146	00:14:27	199
174	46	Giller	Sabine	LG Bad Sod.Neuenh.	TW35	3	01:25:58	00:24:53	163	00:48:05	193	00:13:00	149
175	5	Schmitt	Bernhard	Laufftreff Dienheim	TM40	44	01:26:10	00:25:41	181	00:45:54	160	00:14:35	201
176	3	Feldmann	Rolf	RT Neu-Isenburg	TM55	9	01:26:12	00:27:10	210	00:43:49	133	00:15:13	219
177	124	Hoffmann	Johannes	TV Hechtsheim	TM45	26	01:26:20	00:25:39	180	00:46:25	172	00:14:16	196
178	114	Wolf	Jimmy		TM35	23	01:26:30	00:25:14	171	00:47:11	182	00:14:05	187
179	29	Schad	Sandra	Lufthansa SV	TW35	4	01:26:34	00:24:35	149	00:48:48	201	00:13:11	158
180	118	Walter	Thomas	fit4myself	TM40	45	01:26:44	00:24:36	152	00:48:53	204	00:13:15	161
181	128	Schnabel	Bodo	fit4myself	TM35	24	01:26:46	00:24:37	153	00:48:52	203	00:13:17	163
182	121	Fuchs	Hans-Werner	Tri Freunde. Saarl	TM45	27	01:26:49	00:26:09	193	00:46:17	170	00:14:23	198
183	99	Wadewitz	Christian	Poseidon Worms	TM25	13	01:26:59	00:27:15	213	00:44:38	148	00:15:06	212
183	152	Klink	Karin	SKG Sprendlingen	TW45	3	01:26:59	00:25:41	181	00:47:45	187	00:13:33	175
185	230	Bach	Michael		TM30	17	01:27:00	00:24:46	160	00:48:51	202	00:13:23	170
186	271	Köhler	Sandra	MTBC Wehrheim	TW30	2	01:27:09	00:25:57	189	00:45:12	152	00:16:00	230
187	105	Fischer	Georg	team-freetime	TM45	28	01:27:20	00:24:52	162	00:48:58	206	00:13:30	173
188	212	Kühnhold	Bärbel	Lufthansa SV	TW45	4	01:27:23	00:23:18	121	00:51:50	222	00:12:15	103
189	55	Breser	Ulrich	TV 1890 Rüsselslh.	TM45	29	01:27:24	00:26:13	195	00:48:08	194	00:13:03	153
190	202	Dreger	Ralf		TM35	25	01:27:42	00:27:08	209	00:45:58	162	00:14:36	202
191	245	Armbrust	Matthias	Heart Beat Forever	TM40	46	01:28:15	00:27:26	217	00:46:28	173	00:14:21	197
192	295	Zöller	Eva	TuS Griesheim	TW40	9	01:28:17	00:25:30	177	00:49:30	210	00:13:17	163
193	172	Meier	Denis		TM30	18	01:28:35	00:27:05	208	00:45:59	164	00:15:31	227
194	153	Assmus	Nette	TSG Kleinostheim	TW35	5	01:28:42	00:26:53	203	00:46:29	174	00:15:20	226
195	193	Ott	Bernhard		TM45	30	01:28:52	00:27:47	221	00:48:42	200	00:12:23	111
196	197	Metz	Frieda	Tria Equipe Elz	TW65	1	01:29:04	00:26:46	200	00:48:03	191	00:14:15	193
197	261	Krause	Peter	Maximalpulsvermeid	TM35	26	01:29:17	00:27:41	218	00:46:21	171	00:15:15	223
198	33	Jung	Andreas	LG Bad Sod.Neuenh.	TM35	27	01:29:37	00:25:59	191	00:49:56	212	00:13:42	180
199	302	Kanzler	Sven		TM20	5	01:29:47	00:23:45	135	00:53:22	230	00:12:40	126
200	62	Reis	Michael		TM45	31	01:29:57	00:27:01	207	00:48:12	195	00:14:44	208
200	77	Maikranz	Beate		TW45	5	01:29:57	00:26:58	206	00:48:31	199	00:14:28	200
202	89	Möller	Klaus	LG Mörfelden-W.	TM60	3	01:30:09	00:26:55	205	00:49:01	207	00:14:13	191
203	210	Kuhn	Juliane		TW20	1	01:30:11	00:29:21	239	00:46:40	176	00:14:10	190
204	266	Sanchez-Maroto	David	Tri Kombin.Nordend	TM35	28	01:30:16	00:25:29	176	00:50:57	217	00:13:50	185
205	201	Dreger	Andreas	AWB Racing Team	TM40	47	01:30:23	00:27:45	220	00:43:23	125	00:19:15	245
206	221	Schäfer	Martin	Die Allervorletzte	TM18	5	01:30:30	00:28:09	225	00:48:13	197	00:14:08	189
207	269	Geier	Katrin		TW40	10	01:30:38	00:26:02	192	00:50:51	214	00:13:45	181
208	244	Hartmann	Emanuel		TM50	20	01:31:22	00:28:23	228	00:47:50	189	00:15:09	213
209	229	Mack	Götz		TM25	14	01:31:27	00:26:51	202	00:49:54	211	00:14:42	205
210	207	Klemmer	Gabriele	RV 03 Bürstadt Tri	TW45	6	01:31:36	00:28:20	226	00:47:58	190	00:15:18	224
211	305	Wahlen	Christoph		TM40	48	01:32:51	00:28:29	230	00:49:12	209	00:15:10	215
212	135	Grunenberg	Ute		TW40	11	01:33:07	00:27:14	212	00:51:05	219	00:14:48	209
213	242	Reich	Andreas	Team Can-Do	TM35	29	01:33:17	00:28:21	227	00:46:55	179	00:18:01	242
214	171	Gutjahr	Susanne	MTV Kronberg	TW30	3	01:33:35	00:25:41	181	00:54:46	238	00:13:08	155

215	179	Melchior	Karin	Startnet Team DSW	TW40	12	01:33:39	00:27:54	224	00:51:03	218	00:14:42	205
216	24	Wagenknecht	Rudolf	TSV 03 Wolfskehlen	TM45	32	01:33:51	00:24:35	149	00:55:44	241	00:13:32	174
217	280	Schradi	Gregor	Eintr.Frankfurt eV	TM35	30	01:34:09	00:29:04	234	00:48:56	205	00:16:09	231
218	32	Beck	Paul	TuS Kelsterbach	TM50	21	01:34:23	00:25:48	187	00:51:25	220	00:17:10	237
219	51	Haarstark	Sigurd	Brasilia Heusenst.	TM50	22	01:34:27	00:26:47	201	00:52:36	228	00:15:04	211
220	91	Mitsch	Andreas	DSW Darmstadt	TM25	15	01:34:52	00:25:58	190	00:53:23	231	00:15:31	227
221	276	Franze	Jörg	ASC Marath.Friedb.	TM40	49	01:35:06	00:24:06	140	00:57:49	244	00:13:11	158
222	277	Neugebauer	Georg	ASC Marath.Friedb.	TM35	31	01:35:07	00:24:48	161	00:57:06	243	00:13:13	160
223	96	Washington	Elizabeth	LG Mörfelden-W.	TW45	7	01:35:08	00:29:03	233	00:50:52	215	00:15:13	219
224	57	Kramert	Christian		TM40	50	01:35:09	00:29:02	232	00:50:53	216	00:15:14	222
225	112	Sargin	Ali	Eintr.Frankfurt eV	TM35	32	01:35:17	00:30:21	244	00:48:04	192	00:16:52	235
226	56	Breser	Petra	TV 1890 Rüsselsh.	TW45	8	01:35:18	00:27:16	214	00:52:44	229	00:15:18	224
227	7	Krüger	Dominik		TM30	19	01:35:36	00:28:32	231	00:50:25	213	00:16:39	234
228	130	Kraus	Susanne	SG Frankfurt-Nied	TW45	9	01:36:30	00:27:50	222	00:53:38	233	00:15:02	210
229	42	Acker	Barbara		TW25	4	01:36:32	00:27:53	223	00:54:01	235	00:14:38	203
230	162	Gramlich	Oliver		TM30	20	01:36:38	00:29:14	236	00:48:19	198	00:19:05	244
231	181	Wüstenhagen	Heike	heikefit	TW35	6	01:36:52	00:29:22	240	00:52:19	224	00:15:11	218
231	182	Wüstenhagen	Rolf	heikefit	TM45	33	01:36:52	00:29:17	237	00:52:25	227	00:15:10	215
233	169	Brickwede	Nina	heikefit	TW25	5	01:36:53	00:29:23	242	00:52:20	225	00:15:10	215
234	187	Lenz	Michael	heikefit	TM35	33	01:36:54	00:29:18	238	00:52:23	226	00:15:13	219
235	220	Schäfer	Werner	Die Allervorletzte	TM45	34	01:37:07	00:30:01	243	00:49:09	208	00:17:57	240
236	67	Kobbert	Astrid		TW40	13	01:37:17	00:27:41	218	00:53:37	232	00:15:59	229
237	109	Weinreich	Stefan	Maximalpulsvermeid	TM45	35	01:38:03	00:29:07	235	00:52:18	223	00:16:38	233
238	126	Hoffmann	Wolfgang		TM35	34	01:39:31	00:28:25	229	00:53:57	234	00:17:09	236
239	209	Jobst-Graubner	Karoline	Filsinger Alptraum	TW40	14	01:39:38	00:29:22	240	00:55:07	239	00:15:09	213
240	204	Fett	Veronika		TW40	15	01:42:25	00:31:23	245	00:54:26	237	00:16:36	232
241	116	Plettner	Lydia	Velofreunde Großw.	TW25	6	01:44:39	00:34:51	249	00:51:48	221	00:18:00	241
242	139	Hönig	Hajo	TG Sandhausen	TM55	10	01:44:52	00:27:11	211	01:03:26	245	00:14:15	193
243	188	Kögel	Daniel		TM25	16	01:47:36	00:35:32	250	00:54:10	236	00:17:54	238
244	213	Rink	Wolfgang	SG Gehrweiler	TM60	4	01:47:38	00:34:29	248	00:55:15	240	00:17:54	238
245	264	Meyer	Bärbel		TW50	1	01:47:54	00:33:51	247	00:55:44	241	00:18:19	243
246	69	König	Claudia		TW45	10	02:07:49	00:38:04	251	01:09:38	246	00:20:07	246