

Opel Ironman Germany Frankfurt

3,8-180-42,195 km
11. Juli 2004

Ges.plaz.	Gesamtzeit	Swim	T1	Bike	T2	Run	AK	AK-Pl.	Name
30.	11:09.07	1:14.17		6:03.33	3.16	3:41.44	F30	8.	Kirsten Liesenberg
47.	11:32.23	1:24.46	7.12	6:20.20	2.42	3:37.21	F30	17.	Simone Jochem
72.	11:54.19	1:17.59	10.39	5:59.52	10.12	4:15.35	F35	21.	Eggord Thomaschky
119.	12:57.42	1:20.01	9.15	6:51.46	3.39	4:32.59	F35	36.	Karin Melchior

17.	9:08.44	52.10	2.28	4:59.35	1.25	3:13.05	M35	2.	Gerrit Riemer
33.	9:24.17	1:01.54	2.52	5:04.44	1.12	3:13.32	M35	6.	Thomas Kröll
186.	9:57.26	1:02.28	3.36	5:20.34	1.50	3:28.56	M30	56.	Michael Breideband
335.	10:19.46	1:01.11	4.46	5:24.29	1.33	3:47.44	M35	85.	Michael Schulz
518.	10:42.42	1:00.28	7.25	5:36.09	5.12	3:53.27	M30	127.	Uwe Münch
1056.	11:59.04	1:09.55	6.27	6:00.50	2.24	4:39.26	M50	25.	Rudolf Swoboda
1348.	12:55.56	1:10.36	10.10	6:24.07	4.41	5:06.20	M35	358.	Matthias Hampel

